



Laura Fergusson Trust Wellington May 2016 Newsletter

18 Laura Fergusson Grove
Lower Hutt 5011
www.lft.org.nz
Like us on Facebook
(04) 567 6024

CEO's report

For me, what has always set LFT apart is the importance that we give to community – both our own community and the wider Hutt Valley and also disability community. For this reason I've been thrilled that, as part of our commitment to being an inclusive community, we've launched a series of wānanga to increase our understanding of Māori culture and perspectives. Guided by mātua Raki and whaea Iris, the first discussion centred on the Treaty of Waitangi. More wānanga will follow. Please contact LFT reception if you are interested in coming along.

LFT Wellington recently hosted the National Trust Board and Laura Fergusson New Zealand meetings. These meetings are a great opportunity to catch up with our colleagues from LFT Canterbury and LFT Auckland. Our association with funding agencies and other community supporters is greatly valued at LFT and, in the afternoon, we were privileged to be joined by a number of their representatives to talk about opportunities and concerns of common interest.

It was also really positive to recently catch up with some of the other organisations working in our community to achieve greater connectedness and we'll be exploring some opportunities with both Great Start and Altogether Autism over coming months to see how we may be able to mutually contribute to each other's work.

Another thing that sets LFT apart is our client trips. These trips are real adventures for both clients and the volunteers who support them. Check out page 7 for a taste of the recent South Island road trip.

On a slightly different front, a number of staff and residents took the chance at stardom when a film crew visited LFT recently. This video will be used by LFT Board and management for promotional purposes. No offers from Hollywood yet but we are working on a world premiere so look out for an invite!

As always, if you have suggestions or questions please get in touch with any of the Management Team via our Reception.

Best wishes

Karen Wilton (CEO)





Laura Fergusson Trust Wellington May 2016 Newsletter

18 Laura Fergusson Grove
Lower Hutt 5011
www.lft.org.nz
Like us on Facebook
(04) 567 6024

Clinical Advisory Committee News

We are delighted to announce that a new member, Jo Walton, has been appointed to the Clinical Advisory Committee. Jo is Professor of Nursing at the Graduate School of Nursing, Midwifery and Health at Victoria University, and is Deputy Chair of the Nursing Council of NZ. Jo brings to the Committee her extensive background in clinical, academic and governance posts in the health and academic sectors. Jo's research interests are wide and her passion is to demonstrate how nursing can help improve the health outcomes of the vulnerable, the disabled and the chronically ill.

The Clinical Advisory Committee meets several times a year to bring critical focus to clinical and ethical challenges relevant to LFT. The committee is hugely valuable for providing professional but often very practical advice and input to LFT's work. Jo's skills and experience will greatly assist us in this work.

Health and Safety at the Laura Fergusson Trust

On 4 April 2016, the Health and Safety at Work Act (HSWA) came into force, bringing new responsibilities for everyone who works at LFT.

The HSWA is part of a reform package aimed at reducing the number of workplace injuries, serious work-related injuries and deaths in New Zealand. The HSWA affects all New Zealand workplaces, organisations and individuals by making every workplace and everyone in that workplace responsible for their own safety and the safety of others.

In preparation for the introduction of the Act, the Facilities and Resources Team has been keenly following the Health and Safety Reform Bill and the associated legislative and policy developments that have resulted in the introduction of the HSWA and the most wide-ranging reform of New Zealand's health and safety systems for over 20 years.

At LFT, the Facilities and Resources Team and the Health and Safety Committee have spent the last few months reviewing LFT's health and safety policies and practices to ensure that we continue to create and maintain a safe environment. We are taking a proactive approach to identifying and managing risks so that everyone who lives, works and / or visits LFT is safe. As part of this, we have introduced new practices to ensure that visitors and contractors are provided with relevant information and site plans, so that they can keep themselves safe and to ensure LFT staff can always ascertain who is on site to ensure that everyone is accounted for in the event of an emergency.





Laura Fergusson Trust Wellington May 2016 Newsletter

18 Laura Fergusson Grove

Lower Hutt 5011

www.lft.org.nz

Like us on Facebook

(04) 567 6024

Visitor check-in process

We acknowledge and thank our visitors who have so diligently complied with our new process that requires that their presence at LFT be reported to reception or senior staff. As well as ensuring compliance with the Health and Safety at Work Act, being aware who is on site helps to keep our community safe and ensures that visitors are accounted for in an emergency. More information about the revised process for visitors is available from the LFT reception or by contacting us at reception@lft.org.nz.

Staff training

Ongoing staff training is a priority for LFT. Training opportunities in recent months included:

- Manual Handling
- Careerforce
- Ecolab
- Motor Neuron Disease Association
- First Aid
- Train the Trainer for first aid (New Zealand Resuscitation Council)
- Next Generation management accounting
- Professional supervision and career development programmes

Congratulations to our scholars

Congratulations to LFT staff who recently completed their CareerForce training. This training, run by the Community Support Services ITO, involves undertaking a series of papers that enhance participants' knowledge of important facets of care. Funding from Te Pou made this training possible.



Community Happenings

Staff arrivals

We have been thrilled to welcome a number of new staff this year, including the Active Support team members.

Mātua Raki (below) and whaea Iris lead a powhiri at which Donnaleah Jones, Alieta Misa, Clordine Ramirez, Julieta Rodrigo, Eleanor Jacobs, Malia Sio, Laura Bishop, Cathrene Kumar, Hilda Tuakalu, Kirsten Wadsell, Lincoln Craig, Diana Gill, and Virginia Wright were officially welcomed to the LFT community.



Staff departures

LFT sadly farewelled Brooke Collis, L J Dennison, Aindra Mclean and Jessica Parkes from its staff. We wish them all well with their future endeavours.

Congratulations

Best wishes to Pushpa Srivickneswaran (Kitchen and Dining Room Assistant), who is expecting a wee baby in June. Pushpa will be on parental leave for several months.



Laura Fergusson Trust Wellington May 2016 Newsletter

18 Laura Fergusson Grove
Lower Hutt 5011
www.lft.org.nz
Like us on Facebook
(04) 567 6024



Congratulations Jane Hickman

Jane Hickman has graduated from The Learning Connexion with a Diploma of Art and Creativity.

The diploma is a significant achievement for Jane, a foot artist, and follows two long years of study. Jane's love of painting and drawing is evident in her success and determination.

A small exhibit of Jane's work was recently on show at LFT.

Well done Jane.

Winter health

With the drop in temperatures comes an increased risk of ailments, including influenza. Most of our residents have already been vaccinated for this winter season. We also encourage families and whānau to be vaccinated to avoid this illness spreading through our community. Please also remember – if you are unwell, please delay your visit to LFT.

Welcome Pippa

Welcome to our feline community Pippa.

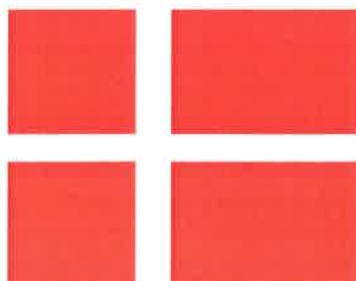


International Day

A celebration of the many nationalities that are represented by LFT residents and staff will be held later this month. This event is aimed at raising community awareness, and will offer residents and staff the chance to taste different ethnic foods.

Student volunteers

We recognise the significant contribution made by the large number of students who undertook placements at LFT over the summer months. We have been fortunate to have hosted students from a number of disciplines, including occupational therapy, nursing and counselling.



We particularly say hello to three Danish students who recently arrived at LFT. They come to us as part of the work experience component of their healthcare studies at Aalborg. Welcome aboard Marco, Jeanett and Avi.



Laura Fergusson Trust Wellington May 2016 Newsletter

18 Laura Fergusson Grove
Lower Hutt 5011
www.lft.org.nz
Like us on Facebook
(04) 567 6024

The challenge

A challenge has been laid down to residents and consumers to undertake ten personal physical challenges this year. The "Challenge of Champions" entrants are already starting to claim their rewards – congratulations to the first two, David Harrison and Norm Povao! The award ceremony for all successful champions will be held in December.



Programmes

LFT's programmes continue to enjoy very high participation, with most being at capacity and some with waiting lists. Eleven community organisations now participate in our programmes, alongside LFT residents and community members. It has been very rewarding seeing the development of skills, confidence and friendships amongst participants.

We have spaces available in Buildability and Funercise, and for the LFT gym. Singability also has spaces available. Please contact the Programmes team if you know anyone who would like to join any of these programmes.



Boccia end of term awards

LFT Board member John Kennedy-Good recently presented the end of term awards for LFT's boccia group. The coveted first place trophy was won by David Grigg. We offer our congratulations to all participants on their achievements.



Helping Out

Remember, if you're keen to contribute to LFT, but don't have much spare time or cash, what might seem like a small contribution can make a huge difference to us.

For example, we very much appreciate donations of any unneeded linen, towels, manchester and kitchenware. Please think of us when you are next having a spring cleanout at home.



Laura Fergusson Trust Wellington May 2016 Newsletter

18 Laura Fergusson Grove
Lower Hutt 5011
www.lft.org.nz
Like us on Facebook
(04) 567 6024

Seasonal activities and celebrations

The delightful Wellington summer has presented many opportunities for residents and staff to enjoy BBQs, sporting activities, coffee walks and other informal events. On the more organised side, LFT's stall at the Petone Fair was a large success for raising our profile in the Hutt community, and the following day a large group of residents, whānau and volunteers participated in the ever-popular Cigna Round the Bays event. Easter celebrations and ANZAC Day commemorations followed, both with strong participation from our community. We thank all friends and whānau who joined in these or other summer events.





Laura Fergusson Trust Wellington May 2016 Newsletter

18 Laura Fergusson Grove
Lower Hutt 5011
www.lft.org.nz
Like us on Facebook
(04) 567 6024

South Island trip

In mid-April, a group from LFT enjoyed a lovely autumn road trip to Mount Cook, travelling via Kaikoura and Christchurch. Fantastic weather throughout contributed to the enjoyment of the trip, which was, for some, their first visit to the South Island.

